Purpose

The Purpose of this Presentation is to:

- Present the progress so far on the development of Sutton’s Joint End of Life Strategy
- Develop the strategy further with the Board

Presentation by:

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- Jane Pettifer: Head of Continuing Care and commissioning lead for End of Life Care, NHS Sutton Clinical Commissioning Group
- Debbie Lindon-Taylor: Clinical Nurse Director, Community Division, The Royal Marsden NHS Foundation Trust
This presentation covers:

- **Background**
  - Vision
  - Our partners
  - Definition
  - Scope
  - National context
  - Local context

- Future plans
  - Priorities and delivery timelines

- Leadership and Governance
Our Vision

“I can make the last stage of my life as good as possible because everyone works together confidently, honestly and consistently to help me and the people who are important to me, including my carer(s).”

Source: Overarching vision from Ambitions for Palliative and End of Life Care: A national framework for local action 2015-2020
Background
We have commitment from all key local stakeholders ...

Joint Strategy partners are:
• Age UK
• Epsom and St Helier University Hospitals NHS Trust
• London Ambulance Service
• London Borough of Sutton
• Marie Curie
• NHS Sutton Clinical Commissioning Group
• St Raphael’s Hospice
• Sutton Carers’ Centre
• Sutton Community Health Services, Community Division of The Royal Marsden NHS Foundation Trust

... we are seeking to include, as partners, people with experience of care needs when people die
**Definition**

**End of Life** – People are ‘approaching the end of life’ when they are likely to die within the next 12 months. This includes people whose death is imminent (expected within a few hours or days) and those with:

- (a) advanced, progressive, incurable conditions
- (b) general frailty and co-existing conditions that mean they are expected to die within 12 months
- (c) existing conditions if they are at risk of dying from a sudden acute crisis in their condition
- (d) life-threatening acute conditions caused by sudden catastrophic events.

We are using a broad definition of end of life care (EOLC):

- EOLC is the care through dying, death and bereavement of people who are likely to die in the next year and their families and carers
**Scope**

- **This strategy covers**
  - Adults aged 18 who are dying
  - Adults who are affected by someone close to them dying
  - Children who are affected by someone close to them dying
  - Children who are transitioning from children to adult services

- **This strategy does not cover**
  - Neonates, children and young people aged 0 to 17 who are dying

Through a separate workstream, Sutton CCG will work with specialist paediatric teams, social care and other relevant agencies to ensure that the end of life care needs of neonates, children and young people are met through a comprehensive model of palliative care for children and young people.
National context

Vision for 2020
• Eight Foundations
• Six Ambitions
Eight Foundations

- Personalised care planning
- Shared records
- Education and training
- 24/7 access
- Evidence and information
- Involving, supporting and caring for those important to the dying person
- Co-design
- Leadership

National Palliative and End of Life Care Partnership
www.endoflifecareambitions.org.uk
Six Ambitions

01 Each person is seen as an individual
02 Each person gets fair access to care
03 Maximising comfort and wellbeing
04 Care is coordinated
05 All staff are prepared to care
06 Each community is prepared to help
Local context

Where we are now in Sutton:
- Past and current local strategies
- Numbers of people dying and where
- Comparison with others
- Services currently commissioned
Past and Current Local Strategies & Plans

It is important to recognise our local position on EOLC...

- Merton and Sutton CCG EOLC strategies of 2008 and 2011
- Royal Marsden Community Services EOLC Strategy 2014-18

... as well as other local strategies and plans that are relevant to EOLC, such as...

- Sutton Health and Care Model (in draft)
- Sutton Carers’ Strategy
- Joint Health and Wellbeing Strategy
- SWL Sustainability and Transformation Plan (EOLC is a priority)
- Joint Strategy for Health and Social Care in Sutton 2014

... and any other local, area and national strategies and plans.
1,527 people died in 2016, and over two-fifths were 85 years old and above.

### Percentage of deaths by age group

**Source:** Sutton residents, 2016

- 0 to 64: 15%
- 65 to 74: 15%
- 75 to 84: 28%
- 85 and above: 42%

(Source: London Borough of Sutton Public Health Department)
Trend in place of death

- Deaths at home for Sutton is significantly higher than London and similar to England

Percentage of deaths occurring in usual residence between Q4 2010/11 and Q2 2016/17
Source: Public Health England

(Source: London Borough of Sutton Public Health Department)
In Sutton, from 2004 to 2015, deaths in hospital have reduced by 11% and deaths at home, in care homes and in hospices have increased.

**Trends in place of death**

- Hospital deaths
- Care home deaths
- Home deaths
- Hospice deaths

Source: RM Partners metrics End of Life Care (all conditions) Last updated 27th of March 2017

Comparison with England

- Although death in hospital is falling, Sutton is:
  - ✗ Higher than England on death in hospital
  - ✗ Lower than England on death at home
  - ✗ Lower than England on death in care home
  - ✓ Higher than England on death in hospice

- Comparison with England is important to note, but London differs from England on many public health indicators

Therefore, comparison across London is more meaningful for Sutton...
Comparison with London

- Comparison of deaths occurring in usual residence, Sutton has moved recently from being ‘similar’ to London to being ‘better’ than, and...
Comparison with London

- ...the numbers of people who die in their usual place of residence (homes and care homes) is increasing.

October 2013 is when the end of life care support team began working more systematically in Sutton’s care homes.

Source: RM Partners metrics End of Life Care (all conditions) Last updated 27th of March 2017
EOLC services commissioned

- **Shared records:**
  - Enhanced contract for GPs
  - Electronic palliative care coordination system (Sutton uses Co-ordinate My Care)

- **Hospital:**
  - Specialist teams to provide care and staff training

- **Home:**
  - Hospice at home service
  - Nursing care to individuals in own home
  - Support to staff in nursing homes, residential care homes and learning disability homes (pilot)
  - Night cover in people’s home and support to family and carers
  - Quick access to end of life care (‘Fast Tracks’ and START)

- **Hospice:**
  - St Raphael’s Hospice

- **Bereavement:**
  - Service for all through Improving Access to Psychological Therapies (IAPT)
  - Service for those dying at St Raphael’s
  - Specialist service for children and young people
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Our Priorities – By April 2018 we will:

1. Commission a local health and social care 24/7 End of Life Care Hub to support information/advice, assessment, care coordination, information exchange, care planning and care delivery.

2. Promote choice and personalised care for those dying and their families in acute and community settings through the offer of personal health budgets.

3. Review use of Coordinate my Care across acute and community health and social care settings and its ability to achieve the shared records by scoping other electronic integrated records and links across Sutton.

4. Ensure good understanding of different religions, cultures and norms of communities especially in relation to end of life care and death.
Our Priorities – By April 2019 we will:

5. Develop local information packs for end of life care services and available support.

6. Promote engagement with faith groups, cultural communities as well as diverse organisations that support people with life shortening illnesses and those managing the difficulties of older people.

7. Promote spirituality in end of life care to raise awareness and ensure people’s beliefs and wishes are respected and supported.

8. Develop an information sharing protocol that will enable and support Sutton multiagency approach to end of life care, care planning and shared records.

9. Review care homes and acute sector staff access to local end of life care training and development opportunities.

10. Review funding arrangement for the hospital specialist palliative care team at Epsom and St Helier.
Contd: Our Priorities – By April 2019 we will:

11. Commission hospital discharge planning to include identification of individuals requiring Continuing Healthcare End of Life Care Fast Track.

12. Establish routine collection of person centered outcome measures as part of contractual arrangement with services.

13. Provide support to young people, adults and their family/carer who are bereaved.

14. Improve identification of individuals presenting with non-malignant diseases such as renal, respiratory and circulatory diseases both in acute and community settings.

15. Ensure the End of Life Care Co-ordination Hub collect local data such as demographic data, activity, demand, service use, inequalities to compliment national datasets and provide an evidence base for commissioning services, workforce development and education.

16. Develop a coordinated approach to events during Dying Matters week.
Our Priorities – By April 2020 we will:

17. Ensure that people recorded on Coordinate my Care have a multi-agency care management plan and are proactively case managed to prevent unnecessary hospital admission.

18. Ensure that an identified named key worker is responsible for overseeing the individual’s end of life journey.

19. Promote the development of a multiagency End of Life Care framework that will support unpaid family carers, support workers and professional staff working with individuals at the end of their life.

20. Promote cultural shift including engagement with social services and other agencies through joint acute and community projects.
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Leadership and Governance

Sutton Local Transformation Board Governance

- SWL STP Programme Board
- Sutton HWB
- Organisational Boards (CCG, Providers)

Sutton Local Transformation Board

- Sutton Health and Care Programme Exec
- A&E Delivery Board
- Planned Care Delivery Board
- Joint CIPP/CIP group

Key – LHE governance
Key – Individual governance
Key – SWL STP governance
Key – Sutton only stakeholders
Question and Answer

Thank you for your support